

Alexandria Lions Meet of Champions
Alexandria, MN
Friday 10/3/25 to Saturday 10/4/25

Friday, October 3, 2025

10:04 AM	Dismissed from class (End Of 3 rd period) HOC schedule
10:15 AM	load the bus
10:30 AM	Depart for Alexandria from WHS
12:30 PM	Stop at Granite Falls Casey's gas station, (520 US-212 Granite Falls, MN 56241) for a break (Lunch Provided)
2:45 PM	Arrive at Arrowwood Resort (2100 Arrowwood Ln NW Alexandria, MN56308) and check into rooms
3:15 PM	Go for a run around the course
4:30 PM	Return to rooms to freshen up before team meal.
6:15 PM	Team Meal – Pasta (Provided)
7:15 PM	Free Time
9:30 PM	Back to room
10:45 PM	Lights out – Wake-up call for 8:00 AM

Saturday, October 4, 2024

7:30-8:00AM	Wake-up Call
8-9:00 AM	Breakfast (Provided)
10:00 AM	Go to the course and walk through it
10:10 a.m.	Boys Non-MSHSL 2 mile (6th, 7th, 8th)
10:30 a.m.	Girls Non-MSHSL 2 mile (6th, 7th, 8th)
10:40 a.m.	1980's Girls Alumni Recognition
10:50 a.m.	Boys MSHSL 2 mile (9th grade only)
11:10 a.m.	Girls MSHSL 2 mile (9th grade only)
11:30 a.m.	Boys MSHSL Junior Varsity race (WHS)
12:10 p.m.	Girls MSHSL Junior Varsity race (WHS)
12:45 p.m.	Boys MSHSL Varsity race (WHS)
1:20 p.m.	Girls MSHSL Varsity race (WHS)
1:50 p.m.	Awards Program
2:45 PM	Depart the course
3:00 PM	Eat at your choice In Alexandria– (4611 MN-29S Alexandria, MN 56308) This meal is not provided (Walmart, Arby's, Culvers, Jimmy Johns, Taco Bell, Hardee's, Subway)
3:30 PM	Depart for Home
5:30PM	Rest stop Casey's (Granite Falls)
8:00 PM	Arrive back in Sioux falls

Course: The meet will again be run at Arrowwood Resort and Golf Course which is located approximately three miles north of Alexandria on Lake Darling.

Address: 2100 Arrowwood Ln, Alexandria, MN 56308

Phone: (320) 762-1124

BUS PARKING

Please park all team busses, cars and vans in the first tarred parking lot – located to the right of the indoor tennis and convention center.

Spectator Parking and Shuttle Busses-Spectator Parking and Shuttle Busses
Spectator parking and shuttle bus pick up will be at the Runestone Community Center located at 802 3rd Ave W. Alexandria, MN 56308. THERE WILL BE NO SPECTATOR PARKING AT ARROWWOOD. All spectators will have to ride the shuttle buses unless they have a room reserved at Arrowwood. Shuttle buses will run from 8:30AM-3:00PM.

TEAMS ATTENDING

Alexandria Annandale Becker Chanhassen Chaska Detroit Lakes Fergus Falls Highland Park Marshall Mounds View Perham Rocori Roseville Area Sartell Sioux Falls Washington St. Cloud Cathedral St. Paul Central Staples-Motley Stillwater Thief River Falls White Bear Lake Area Willmar Windom Area

***AWARDS** A traveling plaque will be awarded to each team champion. In addition, team medals to the first, second and third place team members of the varsity divisions will be awarded. Individual: Individual trophies will be awarded to the top fifteen runners in each of the varsity divisions again this year. Individual trophies will be awarded to the top ten runners in each of the junior varsity and junior high divisions.*

Results: The meet is being timed by Hero's Timing
(<https://www.herostiming.com/>)