

# Lynx Invitational Cross Country Meet 2016

## Saturday September 10<sup>th</sup>

Directions: The meet will be run at McHardy Park in Brandon. McHardy Park is located about 1/2 mile southeast of the high school. Go two blocks south of the high school on Splitrock Boulevard and take the left towards Valley Springs. The park is on the south side of the highway – turn right on McHardy Road.

**Load Bus: The bus will load near the WHS track at 7:50AM**

**Bus Leaves: 8:00AM Do Not be Late! You must ride the bus to Brandon in order to compete. School rules do not allow you to drive to the meet on your own.**

Teams: Brandon Valley, Roosevelt, Washington, Watertown, Yankton

Races: The order of the races will be as follows (approximate times):

9:30	Varsity Girls	5000 Meters	
10:00	Varsity Boys	5000 Meters	
10:30	JV Girls	4000 Meters	
11:00	JV Boys	4000 Meters	
11:30	Middle School Girls	2200 Meters	(7 <sup>th</sup> /8 <sup>th</sup> grade only)
11:50	Middle School Boys	2200 Meters	(7 <sup>th</sup> /8 <sup>th</sup> grade only)
12:15	Awards		

Awards: Medals will be awarded to the top 10 finishers in each Middle School race and top 20 finishers in each JV and Varsity race. Popsicles and water will be provided after the race.

### **ENTRIES:**

**Girls JV: Ella Kolb, Kayla DeBeer, Sydney Lather, Emma Johnson, Anna Vroman, Kaitlyn Severson, Jovan Running Enemy**

**Boys JV: Kemmer Schram, Dagen Schram, Chase Lather, Merci Bitz, Jack Ellwein, Nick RedFeather, Isaiyas Goitom, Ethan Hoier, Garrett Mayer, Alex Breidenbach, Alex Walter**

**Girls Varsity: Kelsi Kearney, Kaitlyn Fischer, Carlie Kray, Rheannan Bills, Reagan Henderson**

**Boys Varsity: Yonas Sadi, Noah Richard, Spencer DeLange, Seth VandeBraak, Topher Zahn, Jonah Nelson, Connor Davis, Bonheur Mvuyekure, Ayub Mohamad, Seth Claussen**  
**Will not Run:**

