

COURSE LOCATION: Take exit 61 toward SD-79 S. Continue onto SD-79 S/N Elk Vale Rd. Use the left lane to take the exit toward SD-79 S. Continue onto SD-79 S. Turn right onto Spring Creek Rd. Turn left onto Arena Dr. YOU WILL NEED TO COME TO HART RANCH THIS WAY DUE TO HOW THEY WILL FLOW TRAFFIC INTO HART RANCH. **Hart Ranch Camping Resort 23756 Arena Drive Rapid City, S.D. 57702**

Emergency Contact: Coach Reilly (605)929-8530

ADMISSION: Admission will be taken at the meet (See website for details)

COURSE PARKING: Please see the accompanying map on team website(also available on the SDHSAA website)

Friday-10/25

Load bus @8:15AM at the WHS athletic loading area, Leave for Jefferson @ 8:30AM

9:00AM Pickup Jefferson and depart

11:15 AM Stop at Al's Oasis for break **(Athletes are asked to pack their own lunch or bring money to purchase food at the grocery store)**

12:00 Leave Al's Oasis

1:00PM(MT) Rest stop at Wasta rest stop

2:45PM(MT) Arrive at Hart Ranch for practice **(Hart Ranch Camping Resort 23756 Arena Drive Rapid City, S.D. 57702)**

4:45PM(MT) — Pick up supper from Piesano's Pacchia (3618 Canyon Lake Dr, Rapid City) and go eat at Sioux Park

6PM(MT) **Approx. arrival at Ramada by Wyndham, 115 Swanzey St., Keystone, SD**

7PM (MT) Approx.-Head to Mt. Rushmore

9PM (MT) Approx. arrival back at hotel

9:15PM (MT) Team meeting in Coach Reilly's Room

10PM (MT) Athletes to rooms; Lights out 10:30PM

Saturday 10/26/24

8:00AM-9AM (MT) wake up; Breakfast from Coach Reilly's Room (Cereal, fruit, Granola Bars)

10:15AM(MT) Depart for Hart Ranch camp resort

(We will have sandwiches, Granola bars, and fruit available to eat prior to racing for athletes)

11:00AM (MT) Arrive at the course; Set up camp, walk the course, use the restroom, make sure uniforms, spikes, and bib numbers are ready to go.

Girls begin warm-up@ 12:10 PM (MT)

Be @ the starting line with uniform, spikes, and bib number (Box 25) on by 12:40am (MT) 1:00 (MT) race starts!

Boys begin warm-up @ 1:40PM (MT)

Be @ the starting line with uniform, spikes, and bib number (Box 6) on by 2:10pm (MT) 2:30PM (MT) race starts!

3PM(MT) Awards (Sit as a team and support your team, teammates, and others being recognized. Use manners and good sportsmanship. If you are being recognized make sure to wear Washington Warrior cross country gear.)

4PM Depart Hart Ranch

4:30PM (MT) Pickup pizza? Or Pizza Ranch? (We will let you know the plan by midweek)

5:00PM (MT) Depart for Sioux Falls

11:30PM Arrive in Sioux Falls-Drop off Jefferson

12:00AM Arrive at WHS