

**Sioux Falls Cross Country Invitational**  
Thursday, October 1, 2020  
Yankton Trail Park

**Sioux Falls Roosevelt – Sioux Falls Washington – Sioux Falls Lincoln – O’Gorman – Aberdeen  
Central –  
Brandon Valley – Brookings – Harrisburg – Huron – Mitchell – Pierre - Yankton**

**Race Schedule:**

<b>2:00 pm</b>	Junior Varsity Girls (5k)
<b>2:30 pm</b>	Junior Varsity Boys (5k)
<b>3:00 pm</b>	Varsity Girls (5k)
<b>3:30 pm</b>	Varsity Boys (5k)

**No bus will be provided for this meet. Contact coach Reilly if you have a ride issue to the meet ASAP. (Athletes will be excused from class at 12:13PM After 4th period! Athletes are expected to be at Yankton Trail park by 12:45PM for Bib numbers/screening.)**

**Awards:**

There will be no awards for this meet. Live results be will be available on <https://dakotatiming.com/>.

**Scoring:**

Top 5 will count in each division with 2 pushers.

**Course:**

We will have a lead vehicle for each race. Please see attachment for course map. The course will be marked with a double white line and flagging that athletes will need to stay inside of.

**Team Camps:**

Upon Arrival to Yankton Trail Park:

- Coaches/teams/team support staff will be expected to wear a mask.
- Athletes will be expected to wear a mask except for when warming up and racing.
- Masks are optional for all for warm-ups and races.
- Teams should not mingle with members from other teams.
- Team camps should be made with ample room between other teams.
- Team camp area is for teams and coaches only. Parents and spectators are not allowed in the team camp area.
- When athletes are not racing but acting as spectators for another race, they are expected to wear a mask.

**Spectators:**

- Masks are expected for all spectators.
- Masks are expected when athletes are not racing but acting as spectators for another race.
- Spectators are prohibited from entering the team camp area, starting line area, and finish corral.

- Pennant or a white dotted line will mark the course area on either side. Spectators MUST stay behind pennant and/or white dotted line at all times.

**Medical:**

- Sanford medical will be on site for event.
- Sanford medical will manage all athletes who need attention in the finish area. Event staff will assist in moving athletes out of the area as quickly as possible.