

Alexandria Lions Meet of Champions
Alexandria, MN
Friday 10/6/23 to Saturday 10/7/23

Friday, October 6, 2023

9:36 AM	Dismissed from class
9:45 AM	load the bus
10:00 AM	Depart for Alexandria from WHS
12:00 PM	Stop in Granite Falls Casey's gas station, MN for a break (Lunch Provided)
2:15 PM	Arrive at Arrowwood Resort and check into rooms
3:00 PM	Go for a run around the course
4:30 PM	Return to rooms to freshen up before team meal.
6:30 PM	Team Meal at the hotel – Pasta Buffett (Provided)
7:30 PM	Free Time
9:30 PM	Back to room
10:45 PM	Lights out – Wake-up call for 8:00 AM

Saturday, October 7, 2023

7:30-8:00AM	Wake-up Call
8-9:00 AM	Breakfast (Provided)
10:00 AM	Go to the course and walk through it
11:15 AM	JV Girls Race
11:55 PM	JV Boys Race
12:30 PM	Varsity Girls Race
1:05 PM	Varsity Boys Race
1:35 PM	Awards
2:15 PM	Depart the course
2:30 PM	Eat at your choice In Alexandria– This meal is not provided
3:00 PM	Depart for Home
7:30 PM	Arrive back in Sioux falls

Course: The meet will again be run at Arrowwood Resort and Golf Course which is located approximately three miles north of Alexandria on Lake Darling.

Address: 2100 Arrowwood Ln, Alexandria, MN 56308

Phone: (320) 762-1124

BUS PARKING

Please park all team busses, cars and vans in the first tarred parking lot – located to the right of the indoor tennis and convention center.

Spectator Parking and Shuttle Busses-Spectator parking and shuttle bus pick up will be at the Runestone Community Center located at 802 3rd Ave W. Alexandria, MN 56308. THERE WILL BE NO SPECTATOR PARKING AT ARROWWOOD. All

spectators will have to ride the shuttle buses unless they have a room reserved at Arrowwood. Shuttle buses will run from 8:30AM-3:00PM.

TEAMS ATTENDING

Alexandria Albany Becker Buffalo Chanhassen Chaska
Detroit Lakes Edina Fergus Falls Highland Park Little Falls
Marshall Monticello Mounds View Northfield Pequot Lakes Perham Rocori
Roseville Sartell Sioux Falls Washington St. Cloud Cathedral
Staples-Motley Stillwater St. Thomas Academy
Thief River Falls White Bear Lake Area Willmar
Windom

***AWARDS** A traveling plaque will be awarded to each team champion. In addition, team medals to the first, second and third place team members of the varsity divisions will be awarded. Individual: Individual trophies will be awarded to the top fifteen runners in each of the varsity divisions again this year. Individual trophies will be awarded to the top ten runners in each of the junior varsity and junior high divisions.*

Results will be available after the conclusion of the races at
http://www.gopherstateevents.com/results/cc_rslts/cc_rslts.asp?sport=cc